

31 *best* mantras for self-belief that actually work

1. I am everything and more
2. I have everything and it is OK to want more
3. I will succeed at my goals, I have it within me
4. My gifts are unique and I want to use them
5. I will be brave, I will be brave, I will be brave
6. My life is my own, I own it all
7. I am beautiful because I say I am
8. I love because I can
9. I have choices, they are all mine
10. I am focused and I am prepared
11. I can fake it until I make it
12. I choose to walk about from negatively and walk towards the positive
13. I will speak kindly about myself and other people
14. I am not perfect and that is absolutely fine
15. I will not hold my past accountable for my future
16. My past was my journey and my future is my life
17. I choose not to hide my gifts from the world
18. I will choose to be grateful
19. Life is what I choose it to be
20. My mind is engaging and I choose to learn
21. I will be open to possibilities
22. I will choose to dream big
23. I will be positive in order to seek happiness
24. I am unique and that is beautiful
25. I am open to change and growth
26. I will seek the light of truth
27. I will be unburdened by the past
28. My mind is powerful and I will manifest an amazing life
29. I will face adversity with grace and dignity
30. I will radiate peace
31. I will reflect empathy

